



Institute for Mediumship, Psychic, Astrological, & Reiki Training

A Division of Anne Reith, Ph.D., Inc.

im part (v.): to bestow sacred knowledge upon

YOUR NAME

(as you would like it to appear on your Certificate of Completion)

Program:	Dates:
<input type="checkbox"/> Healer	Paid _____ Completed _____
<input type="checkbox"/> Psychic	Paid _____ Completed _____
<input type="checkbox"/> Medium	Paid _____ Completed _____

WORKSHEET FOR CERTIFICATION REQUIREMENTS

Minimum Required Hours: **162**

Overview of Coursework Categories & Required Hours

Required hours are broken down into **4 SECTIONS**:

SECTION 1 – Practical Coursework (125 hours)

SECTION 2 – Energetic Healing Coursework (19 hours)

SECTION 3 – Foundational Coursework (13 hours)

SECTION 4 – Advanced Practical Coursework (5 hours)

TOTAL HOURS REQUIRED: 162

Worksheet for Tracking Completed Requirements

SECTION 1 - PRACTICAL COURSEWORK (125 hours)

The Practical Coursework requirement is met by the completion of 125 hours selected from the classes and workshops in Subsections 1.A. through 1.H. (NOTE: Be sure to comply with the specific requirements for your Certification Program(s) as listed on Pages 6-8.)

Subsection 1.A.

Psychic Development, Mediumship, & Channeling classes (Thursdays) (2.5 hours each):

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Topic: _____ | Thursday (circle one): 1 st 2 nd 3 rd 4 th |
| <input type="checkbox"/> Topic: _____ | Thursday (circle one): 1 st 2 nd 3 rd 4 th |
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| <input type="checkbox"/> Topic: _____ | Thursday (circle one): 1 st 2 nd 3 rd 4 th |

Total Thursday Evening Hours: _____

NOTE: Astrology classes taken on 4th Thursdays cannot be used toward Certification Programs requirements.

Subsection 1.D.

Weekend Workshops

- Connecting with Your Angels and Guides (6 hours) Date: _____
- Psychic Development 101: The Clairs (6 hours) Date: _____
- Runes 101 (6 hours) Date: _____
- Tarot 101 (6 hours) Date: _____
- Understanding Grief (6 hours) Date: _____

Total Weekend Workshop Hours: _____

Subsection 1.E.

Healing classes in excess of 19 required hours (NOTE: Do not complete this section until you have completed the 19 required hours in the Energetic Healing Coursework section):

- Reiki Master (6 hours) Date: _____
- Karuna Reiki® I (7 hours) Date: _____
- Karuna Reiki® II (6 hours) Date: _____
- Karuna Reiki® Master (6 hours) Date: _____

Total Excess Healing Class Hours (beyond 19 hours required in Section 2): _____

Subsection 1.F.

Assisting in Energetic Healing Classes

- Class (circle one): Reiki I Reiki II Reiki III/ART
Date: _____ Number of Hours Attended: _____
- Class (circle one): Reiki I Reiki II Reiki III/ART
Date: _____ Number of Hours Attended: _____
- Class (circle one): Reiki I Reiki II Reiki III/ART
Date: _____ Number of Hours Attended: _____

Total Assisting Hours: _____ (maximum of 20 hours allowed)

Subsection 1.G.

Sampling of Reading & Healing Techniques events as either Attendee, Diksha Practitioner, or Assistant (2.5 hours each):

- Date: _____ Circle one: Attendee Diksha Practitioner Assistant
- Date: _____ Circle one: Attendee Diksha Practitioner Assistant
- Date: _____ Circle one: Attendee Diksha Practitioner Assistant
- Date: _____ Circle one: Attendee Diksha Practitioner Assistant
- Date: _____ Circle one: Attendee Diksha Practitioner Assistant
- Date: _____ Circle one: Attendee Diksha Practitioner Assistant
- Date: _____ Circle one: Attendee Diksha Practitioner Assistant

Total Samplings Events as Attendee/Diksha Practitioner/Assistant: _____

Subsection 1.H.

Additional Sampling of Reading & Healing Techniques events in excess of 5 required hours as a Healer, Psychic, or Medium in Section 4. (NOTE: Do not complete this section until you have completed the 5 required hours in the Advanced Practical Coursework section) (2.5 hours each):

- Date: _____ Service provided (circle one): Healer Psychic Medium
- Date: _____ Service provided (circle one): Healer Psychic Medium
- Date: _____ Service provided (circle one): Healer Psychic Medium
- Date: _____ Service provided (circle one): Healer Psychic Medium
- Date: _____ Service provided (circle one): Healer Psychic Medium
- Date: _____ Service provided (circle one): Healer Psychic Medium
- Date: _____ Service provided (circle one): Healer Psychic Medium

Total Additional Samplings Events as Healer/Psychic/Medium (beyond 5 hours required in Section 4): _____

TOTAL PRACTICAL COURSEWORK HOURS: _____
(Add up the hours in Subsections 1.A. through 1.H.) (Should = 125)

SECTION 2 - Energetic Healing Coursework (3 courses for a minimum of 19 hours)

3 classes (a minimum of 19 hours) selected from the following workshops:

- Reiki I (7 or 8 hours) Date: _____
- Reiki II (6 hours) Date: _____
- Reiki III/ART (7 or 7.5 hours) Date: _____
- Reiki Master (6 hours) Date: _____
- Karuna Reiki® I (7 hours) Date: _____
- Karuna Reiki® II (6 hours) Date: _____
- Karuna Reiki® Master (6 hours) Date: _____

TOTAL REQUIRED ENERGETIC HEALING HOURS: _____
(Should = minimum of 19) (Any courses taken beyond the 3 required courses in Section 2 should be applied to the Practical Coursework requirement in Section 1.E.)

SECTION 3 - Foundational Coursework (13 hours)

2 workshops are required:

- Business 101 (6 hours) Date: _____
- Mastering Challenging Situations (7 hours) Date: _____

TOTAL FOUNDATIONAL COURSEWORK HOURS (hours): _____ (Should = 13)

SECTION 4 - Advanced Practical Events (5 hours)

5 hours required through provision of services in your chosen Certification Program specialty at 2 Sampling of Reading & Healing Techniques events:

- Date: _____ Service provided (circle one): Healer Psychic Medium
 Date: _____ Service provided (circle one): Healer Psychic Medium

2 REQUIRED ADVANCED PRACTICAL EVENTS (hours): _____ (Should = 5)
(All hours earned as a Healer, Psychic, or Medium in excess of the 5 required hours should be applied to the Practical Coursework requirement in Section 1.H.)

GRAND TOTAL HOURS: _____
(Add up the hours in SECTIONS 1, 2, 3, & 4) (Should = 162)

Specific Requirements for Chosen Program(s)

- A. Healer Certification Program**
 - B. Psychic Certification Program**
 - C. Medium Certification Program**
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A. Healer Certification Program Requirements

SECTION 1 - Practical Coursework (125 hours)

Must include:

- 8 healings at the 4th Tuesday Advanced Practice in the Psychic & Healing Arts classes
(Must attend a minimum of 4 meetings)

SECTION 2 - Energetic Healing Coursework (minimum of 19 hours)

Must include:

- 3 healing courses
 1 Master-level healing course (i.e., Reiki Master or Karuna Reiki® Master)

SECTION 3 - Foundational Coursework (13 hours)

Must include:

- Business 101 workshop
 Mastering Challenging Situations workshop

SECTION 4 – Advanced Practical Coursework (5 hours)

Must include:

- 2 Sampling of Reading & Healing Techniques events as a Healer

TOTAL HOURS REQUIRED FOR HEALER PROGRAM: 162

B. Psychic Certification Program Requirements

SECTION 1 - Practical Coursework (125 hours)

Must include:

- 4 Psychic Development, Mediumship, & Channeling classes (specifically the 1st Thursday of each month when psychic readings are done in class)
- 4 Advanced Practice in the Psychic & Healing Arts classes (specifically the 4th Tuesday of each month and the student is to participate in providing psychic readings to those in attendance)
- 1 Mediumship class (3rd Thursdays of the month)
- 1 Development Circle (part of Tuesday Advanced Practice in the Psychic & Healing Arts class) (*NOTE: Must attend all 4 meetings of 1 Circle*)
- Connecting with Your Angels & Guides workshop
- Psychic Development 101: The Clairs workshop

SECTION 2 - Energetic Healing Coursework (minimum of 19 hours)

Must include:

- 3 healing courses

SECTION 3 - Foundational Coursework (13 hours)

Must include:

- Business 101 workshop
- Mastering Challenging Situations workshop

SECTION 4 – Advanced Practical Coursework (5 hours)

Must include:

- 2 Sampling of Reading & Healing Techniques events as a Psychic

TOTAL HOURS REQUIRED FOR PSYCHIC PROGRAM: 162

C. Medium Certification Program Requirements

SECTION 1 - Practical Coursework (125 hours)

Must include:

- 8 Mediumship classes (3rd Thursdays of the month)
- 1 Development Circle (part of Tuesday “Advanced Practice in the Psychic & Healing Arts” class) (*NOTE: Must attend all 4 meetings of 1 Circle*)

- Connecting with Your Angels & Guides workshop
- Psychic Development 101: The Clairs workshop
- Understanding Grief workshop

SECTION 2 - Energetic Healing Coursework (*minimum of 19 hours*)

Must include:

- 3 healing courses

SECTION 3 - Foundational Coursework (*13 hours*)

Must include:

- Business 101 workshop
- Mastering Challenging Situations workshop

SECTION 4 – Advanced Practical Coursework (*5 hours*)

Must include:

- 2 Sampling of Reading & Healing Techniques events as a Medium

TOTAL HOURS REQUIRED FOR THE MEDIUMSHIP PROGRAM: 162

Revised 4/16/2017